



CENTER AT POMFRET:
189 Pomfret St (Rt. 169)
Pomfret Center, CT 06259
(860)928-4948

Flights of Fancy: Birds in Watercolor

Art Exhibition and Sale, Open through January 6

Connecticut Wildlife Artist David C. Stumpo will be presenting his beautifully rendered bird watercolors for exhibit and sale at the CT Audubon Center at 189 Pomfret Street in Pomfret Center, CT. Also on display and for sale will be framed, signed and numbered limited edition prints. Come and enjoy the birds, ranging from songbirds to raptors, tropical and fanciful. Something for every bird lover! David is a member of the Connecticut Audubon and National Audubon Societies, as well as the Cornell Lab of Ornithology. A percentage from all sales will benefit the Center at Pomfret. Free to the public.

Don Taylor's Northeastern Connecticut

Photography Exhibition and Sale

Opening Reception on January 10, from 2:00 to 4:00 p.m.

Exhibit and Sale through February 28

Brooklyn resident and accomplished artist Don Taylor has shown his paintings, drawings and photos in collections throughout New England. Don captures nature through the art of photography with an edge most distinctive. A sampling of his "wow" images which are vibrant, often surprising and always beautiful will grace our walls. A percentage from all sales will benefit the Center at Pomfret. Free to the public. Display will be at the CT Audubon Center at Pomfret at 189 Pomfret Street.

Monthly Bird Walk - Tues., January 12 at 1:00 p.m.

Property Manager Andy Rzeznikiewicz will lead the group to various locations in search of winter residents such as winter finches, roosting saw-whet owls, horned larks, ducks and raptors. Note the early afternoon time since birds tend to be more active then during the colder months. Bring binoculars and/or a spotting scope if you have one. All walks meet at the Center at 189 Pomfret Street in Pomfret Center. Fee: \$5 CAS Members; \$10 Non-Members.

Wednesday Lunch Walks : Jan. 6 – Jan. 27 at Noon

Get out of the house or office to stretch your legs and clear your mind by joining Connecticut Audubon Society staff for fresh air and leisurely exercise. All ages, seniors and parents with babes in backpacks welcome. (Strollers are impractical.) Free. Meet at the Center at 189 Pomfret Street in Pomfret Center.

Thursday Morning Walks : Jan. 7 – Jan. 28 at 8:30 a.m. Meet at the Center at 189 Pomfret Street in Pomfret Center.

Third Sunday Afternoon Walk : Sunday, Jan. 17 at 2:00 p.m.

Longtime volunteer and naturalist Fran Baranski and other Center volunteers will lead walks on the Bafflin Sanctuary and Wyndham Land Trust properties. Walk for fun and exercise while visiting different locations each week. A tracking lesson will, no doubt, present itself. Fee: Free CAS Members; \$3 Non-Members. Meet at the Center at 189 Pomfret Street in Pomfret Center.

Owl Walk : Saturday, Jan. 16 at 4:00 p.m.

Join Andy Rzeznikiewicz as he calls in various owl species. Last year we saw screech, barred, great-horned, saw-whet, and long-eared owls. Call to register. Cancelled due to bad weather (rain, snow, or ice). Fee: \$5 CAS Members/ \$10 Non-Members.

After School Nature Club

January Session:

Grades K - 2: Tues. Jan. 5, 12, 19, & 26; 3:30-5:15 p.m.

Grades 3 - 5: Thurs, Jan. 7, 14, 21, & 28; 3:30-5:15 p.m.

February Session:

Grades K – 2: Tues. Feb. 2, 9, 23 & March 2, 3:30-5:15 p.m.

Grades 3 – 5: Thurs. Feb. 4, 11, 25 & March 4, 3:30-5:15 p.m.

Do your kids need some time to blow off steam after school? Send them to the CAS Center at Pomfret. We will fill their afternoon with fresh air and hikes on the sanctuary with some lessons on wildlife quietly inserted when the right moment arises along the trail. Fee per session: \$35 CAS Members; \$45 Non-Members. Call the Center at 860 928-4948 for more information and to register your child.

Low Carbon Diet

Thursday, Jan. 14, 28 & Feb. 11 from 6:30 – 8:00 p.m.

Using the guide *30 Day Program to Lose 5000 Pounds*, participants will learn in one month's time how to reduce their CO2 output dramatically. The group will meet for three sessions at the Abington Social Library, 536 Hampton Road, Pomfret. Register with Librarian Bonnie Duncan at b.duncan@pomfretct.org or call the library (860) 974-0415. For more info, go to empowermentinstitute.net/lcd.

Cost of series and workbook: \$15

Winter Constellations

Friday, Jan. 15 at 7:00 p.m.

The cold crisp skies of January are the most clear for observing the constellations. Educator and passionate stargazer Dr. Ralph Yulo returns to introduce the winter skies. A power point presentation will be followed with a walk on the sanctuary to our star field. Dress warmly. Cost:\$5 CAS Members/\$10 Non-Members. Meet at the Center at 189 Pomfret Street in Pomfret Center.

Ice Fishing : Friday, Jan. 22 at 6:30 p.m.

CT DEP Fisheries staff will present a program about fish identification and life under the ice as well as ice fishing equipment, safety and ethics. This will help prepare contestants for DEP's Ice Fishing Derby to be held Saturday, January 30 on Coventry Lake. Registration required. Space is limited. Free to the public. Call 860 928-4948 to register.

Black Bears in Connecticut

Saturday, Jan. 23 at Noon (Snow date: Sat., Jan. 30)

In recent years there has been a dramatic increase in the black bear population. Felicia Ortner, DEP Master Wildlife Conservationist will present an informative program on bears, their history, facts and myths and how we can best co-exist with them. DEP's Black Bear traveling display will be at the Center through February 3. Free to the public. Center is located at 189 Pomfret Street in Pomfret Center.

Nature Photography Contest : Wednesday, Jan. 27 at 7:00 p.m.

Join the Quinebaug Valley Nature Photography Club for an informal contest. Bring up to four nature photographs in any combination of color, black and white, prints, slides or snapshots. Pictures should be of nature. Do not include domestic animals, cultivated flowers nor should the "hand of man" dominate. Consider joining us even if you do not enter any photos. One can learn a great deal from the evaluations. Fee: Free CAS & QVPC Members; \$5 Non-Members. Meet at the Center at 189 Pomfret Street in Pomfret Center.

TRAIL WOOD -

93 Kenyon Road, Hampton, CT 06247



The Edwin Way Teale Memorial Sanctuary: open to the public from dawn to dusk seven days. Teale's writing cabin and study are open Sunday from 1 to 4 p.m. and by appointment. Call (860)928-4948

Second Sunday Afternoon Walk : Sunday, Jan. 10 at 2:00 p.m.

Stretch your legs and burn off those extra holiday calories with an afternoon walk at Trail Wood with caretaker Vern Pursley. Some readings from Teale's "Walk Through the Year" will be included along the trail. Free to the public. Meet in the visitors parking lot at 93 Kenyon Road in Hampton.

Full Moon Walk : Saturday, Jan. 30 at 7:30 p.m.

Get the nocturnal view of Trail Wood under the full moon. Catch the reflection of the moonshine off the beaver pond, listen for the denizens of the night and delight in the beauty of it all. Warm up around the woodstove with a cup of tea. Cost: Free CAS Members; \$3 Non-Members. Meet in the visitors parking lot at 93 Kenyon Road in Hampton.

Owl Walk : Saturday, Jan. 9 at 4:00 p.m.

Join Sanctuary Manager, Andy Rzeknikiewicz as he calls in various owl species. Past years we have seen the screech, barred and great horned owls. Depending on conditions the walk will take place at Trail Wood and/or a nearby property. Call to register, space is limited. Walk will be cancelled in the event of inclement weather (rain, snow or ice). Fee: \$5 CAS Members/\$10 Non-Members. Call 860 928-4948 to register.

Celebrate the New Year! New Year's Day Walk

Friday, Jan. 1 at 10:00 a.m.

What better way to start off the New Year than a walk through Trail Wood with Friends of Trail Wood. Consider your New Year's resolutions as you walk amidst the tranquility of Trail Wood in the chill of winter. Free to the public. Meet in the visitors parking lot at 93 Kenyon Road in Hampton.

Trail Wood After School Nature Club

January Session:

Wed., Jan. 6, 13, 20 & 27

February Session:

Wed., Feb. 3, 11, 24 & March 3

Do your kids need some time to blow off steam after school? Send them to Trail Wood. We will fill their afternoon with fresh air and hikes on the sanctuary with some lessons on wildlife quietly inserted when the right moment arises along the trail. Fee per session: \$35 CAS Members; \$45 Non-Members. Call 860 928-4948 to register your child.

Annual Potluck & Meeting of the Friends of Trail Wood

Sunday, Jan. 24 at 2:30 p.m. (Jan. 31 Snow Date)

Shake off the winter doldrums with a wonderful afternoon of Trail Wood news, stories and like-minded company – all polished off with delectable food. A report on Trail Wood accomplishments in 2009 will be given along with a review of our “to do” for the coming year. All interested in Trail Wood and Teale’s legacy are invited. Bring a friend. It is a great way to spend a no doubt chilly afternoon. Call 860- 928-4948 to make a reservation. Fee: A pot or platter of your favorite recipe.